



Food

Common questions

Part 1 - What is your favourite cuisine?

Part 1 - What's your favourite meal of the day?

Part 2 - Tell me about your favourite restaurant.

Part 3 - How can we make people eat healthier food?

Part 3 - Do you think that cooking is a pleasure or burden for most people?

Part 3 - Do you believe that the 21st Century diet is a healthy one?

Vocabulary and expressions

Eat in/out (pv) - Eat at home/eat at a restaurant.

I prefer to eat out at the weekend.

Picky (adj) - very careful about choosing only what they like.

I'm not a picky eater. I like everything!

Nutritious (adj) - containing many of the substances needed for life and growth.

I try to cook nutritious food for my family.

Ravenous (adj) - extremely hungry.

I am always ravenous when I get home from work!

Sweet tooth (n) - like eating sweet foods, especially sweets and chocolate.

My best friend has a sweet tooth; he eats ice cream almost every day!

Foodie (n) - a person who loves food and is very interested in different types of food.

I'm definitely a foodie! I love to try all types of food.

Bland (adj) - not having a strong taste.

Pancakes are a bit too bland for me.

Cuisine (n) - a style of cooking.

Indian cuisine is so diverse and full of flavours!

Gourmet (adj) - very high quality (food).

In downtown London, you can find all kinds of gourmet food.

Scrumptious (adj) - tasting extremely good.

My friend cooks the most scrumptious food!