



Sport

Common questions

Part 1 - What are your favourite sports?

Part 1 - Do you prefer individual or team sports?

Part 2 - Describe a popular sport in your country.

Part 3 - Is it important for people to engage in sports?

Part 3 - How can parents encourage their children to do more sports?

Part 3 - Do you agree that sports stars earn too much money?

Vocabulary and expressions

Take up (pv) - to become interested in a new pursuit.

I have been thinking about taking up a new sport.

Fanatic (n) - a person who is extremely interested in something.

I am a total fitness fanatic!

Strenuous (adj) - needing or using a lot of physical or mental effort or energy.

Running uphill is a strenuous activity.

Bulk up (pv) - to make your body bigger and heavier, especially by gaining more muscle.

My friend is bulking up by eating lots of rice.

Stamina (n) - the physical or mental strength to do something for a long time.

I have quite good stamina so jogging is a good sport for me.

Injure (v) - to hurt or cause physical harm to a person.

He injured his shoulder while playing tennis.

Innate (adj) - an innate quality or ability is one that you were born with.

I think I have an innate ability when it comes to racket sports.

Sense of community (phr) - the positive feeling of belonging to a group.

I love the sense of community in team sports.

Outlet (n) - a way in which emotion or energy can be expressed or made use of.

Boxing is a great outlet for the energy I build up through the week.

Cheer on (pv) - to shout loudly in order to encourage someone in a competition.

I love to watch sport live and cheer on my favourite teams!